

March 3, 2009

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For immediate release

### **News Release**

#### **Coliseum Health System announces 2008 Frist Humanitarian Winners**

**Macon, GA, February, 2009** – Hue Tran, RN, Coliseum Northside Hospital employee, and Lynn Poe, Coliseum Northside Hospital volunteer, were recently awarded Coliseum Health System’s 2008 Frist Humanitarian Award. Hue and Lynn will now be eligible for the nationwide 2008 Frist Humanitarian Award, the highest honor an employee and volunteer can receive at HCA, the parent company of Coliseum Health System.

The Frist Humanitarian Awards were created to recognize one employee and one volunteer at each HCA-affiliated facility who demonstrate extraordinary concern for the welfare and happiness of patients and their community. The Frist Humanitarian Awards are given annually in recognition of the humanitarian spirit and philanthropic work of the late Dr. Thomas F. Frist, Sr., a founder of HCA. National recipients will be honored in the spring at a reception at the company’s Nashville, Tennessee headquarters.

Employee recipient of 2008 Frist Humanitarian Award, Hue Tran, demonstrates a high level of self sacrifice for patients, co-workers and others in the community. She volunteers for Habitat for Humanity and serves at the homeless shelters and soup kitchens. She donates any Christmas bonus received to a needy family, and she always gives away her personal rewards or gifts to the less fortunate. She recycles plastic shopping bags, crocheting and making tote bags and purses out of them – which she then gives away. She demonstrates remarkable heartfelt empathy and patience for everyone.

Volunteer recipient of the 2008 Frist Humanitarian Award, Lynn Poe, began volunteering the day after she retired from twenty years of nursing at Coliseum Northside. As well as running the hospital gift shop, Lynn has assisted with fund raisers and events for charities like Make-A-Wish Foundation, Relay-For-Life, Alzheimer’s Association and DFCS. She also volunteers with American Heart Association collecting donations in her neighborhood and at Heartland Hospice Service where she visits with

the inpatients and performs clerical work. She began the “Sitters Ministry” with her church Sunday school to relieve caretakers during the care for their loved ones.

“We are extremely proud to recognize Hue and Lynn for their efforts on behalf of our patients and our community,” said Coliseum Northside Hospital’s CEO Mark Nichols. “Their exemplary work and compassion sets a high standard for healthcare professionals. We’re proud to have them as part of our family. Our patients benefit from the kind of commitment to humanitarian concerns they demonstrate each day.”

Hue Tran and Lynn Poe are an inspiration to all our employees and volunteers. Their generosity and dedication serve as a living example of HCA's commitment to the care and improvement of human life.

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